



Supporting Transition Resilience in Newcomer Groups (STRONG) is an evidence-based, school-based intervention for newcomer (refugee/immigrant) youth (K-12th grades) to support their transition to a new school and community. STRONG is intended for students experiencing psychological distress or difficulties functioning at home, school or in their community, often related to the adversities and trauma experienced during the transitions of migration and settlement.

STRONG is delivered by school mental health clinicians, in partnership with educators and cultural liaisons/settlement workers, and is comprised of 10 group sessions, one individual student session, and teacher and parent education sessions. Elementary (K-8) and Secondary (9-12) versions are available.

For an overview of STRONG, see video: [What is STRONG? - American Version](#)



STRONG Training package:

Delivery Options: STRONG training can be conducted in-person or virtually over two-days or can be delivered virtually over several days in shorter modules (e.g., four 3-hour modules) depending upon the scheduling needs of the site. STRONG training can be delivered in English, Spanish, Arabic, and French.

Component	Includes	Total Cost
Two-day Trainer	1 trainer per 20 trainees	\$5,000 per trainer
Travel Expenses	Flight, hotel, meals	Will vary depending on location
Materials	STRONG manual for each trainee, family engagement materials	Free download

For more information on STRONG training: Contact us at strong4schools@gmail.com